

FOOD MENU

MIX&MATCH

Small plates

CRISPY KING PRAWNS

Served with a wedge of lemon and a sriracha mayo dip 428 kcal

SPICY CHICKEN QUESADILLA

Two toasted tacos with pulled jerk chicken, tomato salsa, spring onions, coriander, sour cream and melted Cheddar cheese 600 kcal

BBQ PULLED BEEF TACOS

Two tacos filled with pulled beef rib glazed in BBQ sauce, crunchy slaw and sriracha mayo 806 kcal

DIRTY ANGRY FACES

Potato smiley faces with a twist! Topped with nacho cheese sauce, fiery Naga Chilli sauce and crispy onions 495 kcal

SNACK NACHOS

Tortilla chips topped with nacho cheese sauce, guacamole, salsa, sour cream and jalapeños 492 kcal

CALAMARI STRIPS

Panko crumbed calamari strips, served with a wedge of lemon and sweet chilli sauce 272 kcal

DRUNKEN MUSHROOMS

Beer-battered mushrooms* with a blue cheese dip 351 kcal

CHEESE BURGER SPRING ROLLS

Three crispy spring rolls filled with prime beef and served with nacho cheese sauce 385 kcal

HALLOUMI FRIES

Served with sweet chilli mayo 678 kcal

KIMCHEESE BITES

A blend of Korean-style kimchi and cheese served with a jalapeño and mint yoghurt dip 298 kcal

COLCANNON POPPERS

Classic Irish potato croquettes served with Ballymaloe relish and topped with crispy onions 279 kcal

GUINNESS® DIRTY FRIES

Seasoned fries covered in Guinness® BBQ sauce, nacho cheese sauce and topped with crispy onions 576 kcal

BBQ PULLED OUMPH! TACOS

Two tacos filled with Oumph! pulled BBQ chunks. Served with crunchy slaw and Ballymaloe relish 374 kcal

HOT & KICKIN' CHICKEN BITES

Chicken bites served with Ballymaloe and katsu dip and topped with crispy onions 564 kcal

10oz# SALT & PEPPER PRIME CHICKEN WINGS 484 kcal

Choose a dip from below:

DIP IT REAL GOOD

BLUE CHEESE +47 kcal

BBQ +54 kcal

BUFFALO HOT SAUCE +5 kcal

NAGA CHILLI +86 kcal

SWEET TREATS

SALTED CARAMEL PROFITEROLES

Topped with caramel sauce and whipped cream 567 kcal

BANG ON Burgers

Served in a toasted brioche-style linseed bun with our signature burger sauce, lettuce and red onion, with a side of seasoned fries and crunchy slaw

CHEESE & BACON

Prime beef patty with streaky bacon and melted Monterey Jack cheese SGL 1246 kcal | DBL 1450 kcal

MIGHTY MEATY

Prime beef patty and Doner-style kebab meat topped with Frank's RedHot® Buffalo Hot Sauce, mint yoghurt, jalapeños and crispy onions SGL 1231 kcal | DBL 1411 kcal

CHARGRILLED BEEF BURGER

SGL 942 kcal | DBL 1146 kcal

FIERY CHICKEN STACK

Two crispy, southern-fried chicken fillets topped with fiery Naga Chilli sauce and nacho cheese sauce 1223 kcal

THE OUMPH! ^{VE}

Oumph! pulled BBQ chunks topped with Violife and tomato salsa 931 kcal

CRISPY CHICKEN STACK

Two crispy, southern-fried chicken fillets topped with streaky bacon 1267 kcal

CHARGRILLED CHICKEN FILLET

SGL 907 kcal | DBL 1075 kcal

FEELING A LITTLE EXTRA?:

+ STREAKY BACON +174 kcal

+ DONER-STYLE KEBAB MEAT +270 kcal

+ BBQ PULLED BEEF RIB +300 kcal

+ MONTEREY JACK CHEESE ^{VE} +131 kcal

+ BATTERED ONION RINGS ^{VE} +752 kcal

+ MAC 'N' CHEESE ^{VE} +307 kcal

+ KIMCHEESE BITES ^{VE} +128 kcal

UPGRADE TO TWISTER FRIES ^{VE} £1.00 +674 kcal

PLATES FOR SHARING

...or for those with big appetites.

MACHO NACHOS ^{VE}

Tortilla chips topped with nacho cheese sauce, guacamole, salsa, sour cream and jalapeños 984 kcal

TAKEAWAY NACHOS

Tortilla chips covered in nacho cheese sauce, guacamole, salsa and sour cream. Topped with Doner-style kebab meat, tandoori chicken pieces and jalapeños 1250 kcal

CHICKEN WING PLATTER

Salt & pepper prime chicken wings 1430 kcal. With your choice of three dips. Choose from:

BLUE CHEESE +47 kcal

BBQ +54 kcal

BUFFALO HOT SAUCE +5 kcal

NAGA CHILLI +86 kcal

GARLIC PIZZA BREAD ^{VE}

Our stone-baked pizza bread brushed with garlic 887 kcal

CHEESY GARLIC PIZZA BREAD ^{VE}

Our stone-baked garlic pizza bread topped with mozzarella 1195 kcal

KASHMIRI-STYLE CHICKEN TIKKA MASALA

Served with mint and coriander rice, naan bread and topped with spring onion, coriander and chilli 857 kcal

STEAK & GUINNESS® PIE

Slow-cooked beef in a Guinness® and onion gravy with puff pastry, served with garden peas, gravy and mashed potato 1110 kcal

CHICKEN, HAM & CHEESE TOPPED PIE

Slow-cooked chicken and ham chunks in a cheese, onion and chive white sauce, encased in a Cheddar and chive pastry with cheesy champ top. Served with garden peas, gravy and mashed potato 1127 kcal

SAUSAGES & MASH

Irish pork & leek sausages with mash, garden peas and an Irish-whiskey sauce* 1027 kcal

VEGETARIAN ALTERNATIVE ^{VE} 619 kcal

SMOTHERED CHICKEN

Southern-fried chicken fillets and streaky bacon, topped with melted Monterey Jack cheese and BBQ sauce, served with seasoned fries 1087 kcal

MAC 'N' CHEESE

Macaroni in a Cheddar cheese sauce served with garlic bread slices 840 kcal

TOP WITH:

+ BBQ PULLED BEEF RIB +300 kcal

+ GRILLED CHICKEN FILLET +169 kcal

+ STREAKY BACON +174 kcal

FISH & CHIPS[†]

Hand-battered in Irish Magners' cider, served with seasoned fries, tartare sauce and mushy peas 864 kcal

SCAMPI & CHIPS[†]

Nine pieces of whole-tail scampi with a lemon wedge, seasoned fries and garden peas 870 kcal

IRISH HAM, EGG & CHIPS

Thick-cut Irish ham served with two fried free-range eggs, garden peas and seasoned fries 1167 kcal

PENANG CURRY ^{VE}

Served with mint and coriander rice, naan bread and topped with spring onion, coriander and chilli 746 kcal

Classics

DONE RIGHT

If you don't fancy exploring something new, then the classics could be for you.

FOOD MENU

HOT OFF THE Grill

Chargrilled to perfection.
All served with seasoned fries

8oz# RUMP STEAK

Chargrilled aged prime steak, seasoned with black pepper and salt, served with grilled tomato, flat mushroom, garden peas, seasoned fries and your choice of sauce 930 kcal

DOUBLE UP TO 16oz# 1338 kcal

CHOOSE A SAUCE:

IRISH-WHISKEY SAUCE* +67 kcal

PEPPERCORN SAUCE* +82 kcal

BBQ SAUCE +54 kcal

CLASSIC MIXED GRILL

Small rump steak, half a gammon steak, chicken fillet, Irish pork & leek sausage and a fried free-range egg. Served with seasoned fries, garden peas, flat mushroom and a grilled tomato 1257 kcal

MEGA MIXED GRILL

8oz# rump steak, 7oz# gammon steak, two Irish pork & leek sausages and a chicken fillet, all grilled to perfection. Served with a fried free-range egg, seasoned fries, garden peas, flat mushroom and a grilled tomato 1732 kcal

7oz# GAMMON STEAK

Served with a fried free-range egg, grilled fresh pineapple, garden peas and seasoned fries 829 kcal

DOUBLE UP TO 14oz# 1024 kcal

TOP IT OFF

CRISPY KING PRAWNS

Add crispy king prawns to your steak to make it a Surf & Turf +176 kcal

BATTERED ONION RINGS **V** +752 kcal

MAC 'N' CHEESE **V** +307 kcal

STONE-BAKED Pizza

Our stone-baked pizzas are hand-stretched, topped and freshly baked to order then brushed with garlic for real flavour

FEELING SAUCY?

ADD A BUTTERMILK RANCH DIP FOR YOUR CRUSTS. +186 kcal

BBQ CHICKEN SUPREME

Spicy pulled chicken, mozzarella, red pepper and red onion on a BBQ sauce base 1317 kcal

MARGHERITA **V**

Classic mozzarella and tomato base 1052 kcal
VEGAN ALTERNATIVE AVAILABLE **VE** 915 kcal

HAM & PINEAPPLE

Ham, mozzarella and pineapple chunks 1462 kcal

PEPPERONI

Pepperoni and mozzarella 1467 kcal

MEAT FEAST

Pulled beef rib, Doner-style kebab meat, spicy pulled chicken, pepperoni and mozzarella 1576 kcal

TANDOORI CHICKEN

Tandoori chicken, red chillies, spring onion and mint yoghurt sauce 1298 kcal

PULLED OUMPH! **VE**

Oumph! pulled BBQ chunks, red onions, baby spinach and mushrooms topped with Violife 1074 kcal

HUNGRY FOR MORE? HAVE A SIDE OR TWO

TWISTER FRIES **V** 674 kcal

BATTERED ONION RINGS **V** 752 kcal

GARDEN PEAS **VE** 159 kcal

MUSHY PEAS **VE** 174 kcal

DRESSED SIDE SALAD **VE** 194 kcal

SEASONED FRIES **V** 395 kcal

DONER-STYLE KEBAB MEAT 270 kcal

GARLIC BREAD **V** 530 kcal

HELLO PUDDIN'

RASPBERRY ARCTIC ROLL **V**

Served with strawberry coulis and whipped cream 368 kcal

VIENNETTA®

Everyone's favourite ice cream topped with chocolate sauce and whipped cream 345 kcal

GUINNESS® BROWNIE **V**

Guinness® enriched chocolate brownie with Irish dairy vanilla ice cream and Belgian chocolate sauce 685 kcal

BRAMLEY APPLE PIE **VE**

Served with vegan custard 599 kcal

SALTED CARAMEL PROFITEROLES **V**

Topped with caramel sauce and whipped cream 567 kcal

SANDWICHES & SALADS

Served with crunchy slaw and your choice of seasoned fries (+395 kcal) or a dressed side salad (+194 kcal)

HAM, CHEESE & PICKLE

Irish thick-cut ham with Monterey Jack cheese, Ballymaloe relish and served in a warm ciabatta 725 kcal

BBQ CHICKEN MELT

Southern-fried chicken fillets topped with BBQ sauce, bacon, Monterey Jack cheese and served in a warm ciabatta 1020 kcal

PHILLY STEAK SANDWICH

Grilled rump steak, red onions and mushrooms, smothered in a cheese sauce and served in a warm ciabatta 592 kcal

OUMPH! TORTILLA **VE**

Oumph! pulled BBQ chunks served in a tortilla pocket with baby gem lettuce, crunchy slaw and Ballymaloe relish 522 kcal

DONER TORTILLA

Doner-style kebab meat served in a tortilla pocket with baby gem lettuce, crunchy slaw and Ballymaloe relish 680 kcal

CHICKEN & BACON CAESAR SALAD

Grilled chicken fillet, streaky bacon, baby gem lettuce, cucumber, spinach and cherry tomatoes tossed with Caesar dressing 611 kcal

FISH FINGER SANDWICH†

Hand-battered fish goujons in Irish Magners® cider, baby gem lettuce, tartare sauce and served in a warm ciabatta 930 kcal

GOING OUT ON the tear?

WHY NOT FINISH YOUR MEAL WITH A PORNSTAR OR MOJITO?

Adults need around 2000 kcal a day. **V** = made with vegetarian ingredients, **VE** = made with vegan ingredients, however some of our preparation, cooking and serving methods could affect this. If you require more information, please ask your server.

All our allergen information is available online or via our Glass Onion app. It's easy to filter out dishes containing any of the 14 major allergens and is always kept up to date. Our food and drinks are prepared in food areas where cross contamination may occur and our menu descriptions do not include all ingredients. If you have any questions, allergies or intolerances, or need help accessing our allergen information, please let us know [before ordering](#).

All calories are correct at the time of menu print. Live nutrition information is available online. †Fish dishes may contain small bones. #All weights stated are approximate and prior to cooking. *This dish contains alcohol. Prices include VAT at the current rate. Guinness® is a registered trademark of Diageo Ireland. Viennetta® is a trademark owned by Unilever. Frank's RedHot® Buffalo Hot Sauce is a trademark of McCormick & Company. All items are subject to availability. 124695/HIG/MENUWEB